

September 2026
VERSION 1.0

A faded background image of a basketball game in progress. A player in a red jersey is jumping to shoot the ball, while a player in a green jersey (number 3) is jumping to block. Other players in green jerseys (number 29 and number 8) are visible in the foreground. Spectators are seated in the background.

Game Regulations **Game Addendums**

ALL COMPETITIONS & DIVISIONS
2026/2027 SEASON

Picture by Martin Lansley

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Under 13 All-Girls


JUNIOR GIRLS DIVISION
Addendum One


Players age criteria as of 1 September


CANNOT BE	PLAYER CAN BE			CANNOT BE
aged 9 years old or below	aged 10 years old turning 11 during the season	aged 11 years old turning 12 during the season	aged 12 years old turning 13 during the season	aged 13 years old or older




JNBL (Junior National League)  This division does not permit national league players.

Exemption requests  This division does not except exemption request for playing up or down outside the criteria above.

Half-Court Defence  **Yes** When a team reaches a 20-point lead they must play half-court defence. Teams can attempt to rebound or gain possession of a loose ball. However, once the opposition has secured clear possession/control of the ball (including dribbling in their own back court), the other team **MUST** return into their own half (around the throw-in lines) and may play defence once the ball is in their defensive back court.

No Zone Defence  Zone defense is not permitted during this game.

All-Play  We recommend all players play a minimum of one quarter.

Game Play 10:00 minutes quarters STOP-CLOCK 5:00 minutes overtime STOP-CLOCK 10ft RING HEIGHT

Fixture Scheduling Saturday & Sunday SCHEDULED HOME FIXTURES 10:00 EARLIEST TIP TIME 18:00 LATEST TIP TIME

You cannot schedule regular season games mid-week as your preferred slot. However, rearranging a fixture to mid-week is permitted with the agreement and approval of the visiting team and upon completion of a Game Form and YBL approval.

Players 5 Minimum number of players in game **Ball size** 5 **Minimum Number of Coaches** 1 Registered and assigned to team in PlayHQ

Time-Outs Yes **Substitutions** Yes

Official Requirements	MINIMUM PER-GAME		WITH	For Development PER-GAME	Overseen by
	Referee	Level 2 or above	Level 1 or above	two Level 1s	Experienced Level 2 (approved by the YBL) or a Level 3+ official.
These are the minimum requirements per-game	Table Official	Level 2 or above	Level 1 or above	two Level 1s	

Official Payments These fees are the standard requirements. These match Basketball England Scales. Fees can be negotiated between clubs and officials before the game starts.

	LEVEL 1	LEVEL 2+	MILLAGE	MAXIMUM CLAIM
Referee	£15.00	£24.00	0.45p	£37.00
Table Official	£10.00	£15.00	per-mile	



Under 15 All-Girls

FEMALE DIVISION

Addendum Two

Players age criteria as of 1 September

CANNOT BE	PLAYER CAN BE			CANNOT BE
aged 11 years old or below	aged 12 years old turning 13 during the season	aged 13 years old turning 14 during the season	aged 14 years old turning 15 during the season	aged 15 years old or older



JNBL (Junior National League)



This division does not permit national league players.

Exemption requests



This division does not except exemption request for playing up or down outside the criteria above.

Half-Court Defence

Yes



When a team reaches a 20-point lead they must play half-court defence. Teams can attempt to rebound or gain possession of a loose ball. However, once the opposition has secured clear possession/control of the ball (including dribbling in their own back court), the other team **MUST** return into their own half (around the throw-in lines) and may play defence once the ball is in their defensive back court.

Zone Defence



QUARTER 1



QUARTER 2



QUARTER 3



QUARTER 4



OVERTIME

Game Play

10:00 minutes quarters
STOP-CLOCK

5:00 minutes overtime
STOP-CLOCK

10ft
RING HEIGHT

Fixture Scheduling

Saturday & Sunday
SCHEDULED HOME FIXTURES

10:00
EARLIEST TIP TIME

18:00
LATEST TIP TIME

You cannot schedule regular season games mid-week as your preferred slot. However, rearranging a fixture to mid-week is permitted with the agreement and approval of the visiting team and upon completion of a Game Form and YBL approval.

Players

5

Minimum number of players in game

Ball size

6

Minimum Number of Coaches

1

Registered and assigned to team in PlayHQ

Time-Outs

Yes

Substitutions

Yes

Official Requirements

These are the minimum requirements per-game

MINIMUM PER-GAME

WITH

For Development
PER-GAME

Overseen by

Referee
Table Official

Level 2 or above
Level 2 or above

Level 1 or above
Level 1 or above

two Level 1s
two Level 1s

Experienced Level 2
(approved by the YBL)
or a Level 3+ official.

Official Payments

These fees are the standard requirements. These match Basketball England Scales. Fees can be negotiated between clubs and officials before the game starts.

Referee
Table Official

LEVEL 1
£15.00
£10.00

LEVEL 2+
£25.00
£15.00

MILLAGE
0.45p
per-mile

MAXIMUM CLAIM
£37.00



Under 18 All-Girls

FEMALE DIVISION

Addendum Three

Players age criteria as of 1 September

CANNOT BE	PLAYER CAN BE			CANNOT BE
aged 14 years old or below	aged 15 years old turning 16 during the season	aged 16 years old turning 15 during the season	aged 17 years old turning 18 during the season	aged 19 years old or older



JNBL (Junior National League)



This division does not permit national league players.

Exemption requests



This division does not except exemption request for playing up or down outside the criteria above.

Half-Court Defence

Yes



When a team reaches a 20-point lead they must play half-court defence. Teams can attempt to rebound or gain possession of a loose ball. However, once the opposition has secured clear possession/control of the ball (including dribbling in their own back court), the other team **MUST** return into their own half (around the throw-in lines) and may play defence once the ball is in their defensive back court.

Zone Defence



QUARTER 1



QUARTER 2



QUARTER 3



QUARTER 4



OVERTIME

Game Play

10:00 minutes quarters
STOP-CLOCK

5:00 minutes overtime
STOP-CLOCK

10ft
RING HEIGHT

Fixture Scheduling

Saturday & Sunday
SCHEDULED HOME FIXTURES

10:00
EARLIEST TIP TIME

18:00
LATEST TIP TIME

You cannot schedule regular season games mid-week as your preferred slot. However, rearranging a fixture to mid-week is permitted with the agreement and approval of the visiting team and upon completion of a Game Form and YBL approval.

Players

5

Minimum number of players in game

Ball size

6

Minimum Number of Coaches

1

Registered and assigned to team in PlayHQ

Time-Outs

Yes

Substitutions

Yes

Official Requirements

These are the minimum requirements per-game

MINIMUM PER-GAME

WITH

For Development
PER-GAME

Overseen by

Referee
Table Official

Level 2 or above
Level 2 or above

Level 1 or above
Level 1 or above

two Level 1s
two Level 1s

Experienced Level 2
(approved by the YBL)
or a Level 3+ official.

Official Payments

These fees are the standard requirements. These match Basketball England Scales. Fees can be negotiated between clubs and officials before the game starts.

Referee
Table Official

LEVEL 1
£15.00
£10.00

LEVEL 2+
£25.00
£15.00

MILLAGE
0.45p
per-mile

MAXIMUM CLAIM
£37.00



Women Two

SENIOR DIVISION

Addendum Four

Players age criteria as of 1 September

CANNOT BE	PLAYER CAN BE, WITH BOARD APPROVAL	PLAYER CAN BE
aged 14 years old or below	aged 15 years old turning 16 during the season	aged 16 years old turning 17 during the season
		aged 17 years old turning 18 during the season
		aged 18 years old or older

NBL (National League) Players

CANNOT BE PARTICIPATING IN	PLAYER CAN BE PARTICIPATING IN, WITH BOARD APPROVAL	PLAYER CAN BE PARTICIPATING IN	CANNOT BE PARTICIPATING IN
Under 14 JNBL or below	Under 16 JNBL 15 turning 16 during the season	Under 18 JNBL 15 turning 16 or 17 turning 18 during the season	Senior National League ANY DIVISIONS

Exemptions

Yes Individual cases will be heard using the Exemption Form.

Half-Court Defence

Yes When a team reaches a 20-point lead they must play half-court defence. Teams can attempt to rebound or gain possession of a loose ball. However, once the opposition has secured clear possession/control of the ball (including dribbling in their own back court), the other team MUST return into their own half (around the throw-in lines) and may play defence once the ball is in their defensive back court.

Zone Defence

QUARTER 1	QUARTER 2	QUARTER 3	QUARTER 4	OVERTIME

Game Play

10:00 minutes quarters STOP-CLOCK	5:00 minutes overtime STOP-CLOCK	10ft RING HEIGHT
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Fixture Scheduling

Saturday & Sunday SCHEDULED HOME FIXTURES	10:00 EARLIEST TIP TIME	18:00 LATEST TIP TIME
Weekdays SCHEDULED HOME FIXTURES	19:00 EARLIEST TIP TIME	20:15 LATEST TIP TIME

Players

5
Minimum number of players in game

Ball size

6

Minimum Number of Coaches
Registered and assigned to team in PlayHQ

1

Time-Outs

Yes

Substitutions

Yes

Official Requirements

These are the minimum requirements per-game

	MINIMUM PER-GAME	WITH	For Development PER-GAME	Overseen by
Referee	Level 2 or above	Level 1 or above	two Level 1s	Experienced Level 2 (approved by the YBL) or a Level 3+ official.
Table Official	Level 2 or above	Level 1 or above	two Level 1s	

Official Payments

These fees are the standard requirements. These match Basketball England Scales. Fees can be negotiated between clubs and officials before the game starts.

	LEVEL 1	LEVEL 2+	MILLAGE	MAXIMUM CLAIM
Referee	£15.00	£28.00	0.45p	£40.00
Table Official	£10.00	£15.00	per-mile	



Women One

SENIOR DIVISION

Addendum Five

Players age criteria as of 1 September

CANNOT BE	PLAYER CAN BE, WITH BOARD APPROVAL	PLAYER CAN BE
aged 14 years old or below	aged 15 years old turning 16 during the season	aged 16 years old turning 17 during the season
		aged 17 years old turning 18 during the season
		aged 18 years old or older

NBL (National League) Players

CANNOT BE PARTICIPATING IN	PLAYER CAN BE PARTICIPATING IN, WITH BOARD APPROVAL	CAN BE PARTICIPATING IN
Under 14 JNBL or below	Under 16 JNBL 15 turning 16 during the season	Under 18 JNBL 15 turning 16 or 17 turning 18 during the season
		Senior National League ANY DIVISIONS
Zone Defence	 QUARTER 1	 QUARTER 2
		 QUARTER 3
		 QUARTER 4
		 OVERTIME
Game Play	10:00 minutes quarters STOP-CLOCK	5:00 minutes overtime STOP-CLOCK
Fixture Scheduling	Saturday & Sunday SCHEDULED HOME FIXTURES	10:00 EARLIEST TIP TIME
	Weekdays SCHEDULED HOME FIXTURES	19:00 EARLIEST TIP TIME
		18:00 LATEST TIP TIME
		20:15 LATEST TIP TIME
Players	5 Minimum number of players in game	Ball size 6
		Minimum Number of Coaches 1 Registered and assigned to team in PlayHQ
Time-Outs	Yes	Substitutions Yes
Official Requirements	MINIMUM PER-GAME	WITH
These are the minimum requirements per-game	Referee	For Development PER-GAME
	Table Official	Overseen by
	Level 2 or above	two Level 1s
	Level 2 or above	two Level 1s
		Experienced Level 2 (approved by the YBL) or a Level 3+ official.
Official Payments	These fees are the standard requirements. These match Basketball England Scales. Fees can be negotiated between clubs and officials before the game starts.	
	LEVEL 1	LEVEL 2+
	Referee	MILLAGE
	Table Official	MAXIMUM CLAIM
	£15.00	o.45p
	£10.00	per-mile
		£40.00



The Beth Matthews Cup

SENIOR WOMEN CUP COMPETITION

Addendum Six

The Beth Matthews Cup is a pioneering hybrid competition created to support the development of emerging talent. By bringing together players from the YBL Zonal League, Junior National League, and Senior National League, the tournament provides a unique platform where youth and experience meet.

This competition is breaking barriers, offering young athletes the opportunity to test themselves alongside and against more experienced players. The Beth Matthews Cup bridges the gap between local competition and higher-level play, helping to prepare the next generation for future success.

Players age criteria as of 1 September

CANNOT BE	PLAYER CAN BE, WITH BOARD APPROVAL		PLAYER CAN BE	
aged 14 years old or below	aged 15 years old turning 16 during the season	aged 16 years old turning 17 during the season	aged 17 years old turning 18 during the season	aged 18 years old or older
				

NBL (National League) Players

CANNOT BE PARTICIPATING IN		PLAYER CAN BE PARTICIPATING IN, WITH BOARD APPROVAL		CAN BE PARTICIPATING IN			
Under 14 JNBL or below		Under 16 JNBL 15 turning 16 during the season		Under 18 JNBL 16 turning 17 or 17 turning 18 during the season		Senior National League ANY DIVISIONS	
							
Zone Defence		 QUARTER 1		 QUARTER 2	 QUARTER 3	 QUARTER 4	 OVERTIME
Game Play		10:00 minutes quarters STOP-CLOCK		5:00 minutes overtime STOP-CLOCK		10ft RING HEIGHT	
Fixture Scheduling		Saturday & Sunday SCHEDULED HOME FIXTURES Weekdays SCHEDULED HOME FIXTURES		10:00 EARLIEST TIP TIME 19:00 EARLIEST TIP TIME		18:00 LATEST TIP TIME 20:15 LATEST TIP TIME	
Players		5 Minimum number of players in game		Ball size 6		Minimum Number of Coaches 1 Registered and assigned to team in PlayHQ	

Time-Outs | Yes

Substitutions | Yes

Official Requirements	MINIMUM PER-GAME		WITH	For Development PER-GAME	Overseen by
	Referee	Level 2 or above	Level 1 or above	two Level 1s	Experienced Level 2 (approved by the YBL) or a Level 3+ official.
These are the minimum requirements per-game	Table Official	Level 2 or above	Level 1 or above	two Level 1s	
Official Payments	These fees are the standard requirements. These match Basketball England Scales. Fees can be negotiated between clubs and officials before the game starts.			MILLAGE	MAXIMUM CLAIM
	Referee	LEVEL 1 £15.00	LEVEL 2+ £30.00	0.45p per-mile	£40.00
	Table Official	£10.00	£15.00		



M Division (East & West)

MIXED SENIOR DIVISION

Addendum Seven

Players age criteria as of 1 September

CANNOT BE	PLAYER CAN BE, WITH BOARD APPROVAL	PLAYER CAN BE
aged 14 years old or below	aged 15 years old turning 16 during the season	aged 16 years old turning 17 during the season
	aged 17 years old turning 18 during the season	aged 18 years old or older

JNBL (Junior National League) Players

CANNOT BE PARTICIPATING IN	PLAYER CAN BE PARTICIPATING IN, WITH BOARD APPROVAL	PLAYER CAN BE
Under 14 JNBL or below	Under 16 JNBL 15 turning 16 during the season	Under 18 JNBL 16 turning 17 or 17 turning 18 during the season

Senior Players (SNBL: Senior National League)

CANNOT BE PARTICIPATING IN	PLAYER CAN BE PARTICIPATING IN	CAN BE PARTICIPATING IN
SBL, BCB, SNBL Div1 Professional or Semi-Professional	SNBL Div3 Senior National League	SNBL Div2 & Div3 One player from each division
	OR	
		Senior National League ANY FEMALE DIVISIONS



Players that play exclusively for a Junior NBL team do not count towards your senior SNBL quota.

Half-Court Defence

Yes



When a team reaches a 20-point lead they must play half-court defence. Teams can attempt to rebound or gain possession of a loose ball. However, once the opposition has secured clear possession/control of the ball (including dribbling in their own back court), the other team MUST return into their own half (around the throw-in lines) and may play defence once the ball is in their defensive back court.

Game Play

10:00 minutes quarters
STOP-CLOCK

5:00 minutes overtime
STOP-CLOCK

10ft
RING HEIGHT

Fixture Scheduling

Saturday & Sunday
SCHEDULED HOME FIXTURES

10:00
EARLIEST TIP TIME

18:00
LATEST TIP TIME

Weekdays
SCHEDULED HOME FIXTURES

19:00
EARLIEST TIP TIME

20:15
LATEST TIP TIME

Players

5
Minimum number of players in game

Ball size

7

Minimum Number of Coaches
Registered and assigned to team in PlayHQ

1

Time-Outs

Yes

Substitutions

Yes

Zone Defence



QUARTER 1



QUARTER 2



QUARTER 3



QUARTER 4



OVERTIME

Official Requirements

These are the minimum requirements per-game

Referee
Table Official

MINIMUM PER-GAME

Level 2 or above
Level 2 or above

WITH

Level 1 or above
Level 1 or above

For Development
PER-GAME

two Level 1s
two Level 1s

Overseen by

Experienced Level 2
(approved by the YBL)
or a Level 3+ official.

Official Payments

These fees are the standard requirements. These match Basketball England Scales. Fees can be negotiated between clubs and officials before the game starts.

	LEVEL 1	LEVEL 2+	MILLAGE	MAXIMUM CLAIM
Referee	£17.00	£28.00	0.45p	£37.00
Table Official	£12.00	£17.00	per-mile	



YBL One (working title)

MIXED SENIOR DIVISON

Addendum Eight

The YBL One division has been established to break down barriers and open new opportunities for players at all levels. This innovative hybrid competition brings together athletes from the YBL, Junior National League, and senior leagues, creating a dynamic environment for growth and development.

Designed to support progression, the YBL One helps participants challenge themselves while learning from more experienced players — bridging the gap and building stronger pathways within the game.












Players age criteria as of 1 September

CANNOT BE	PLAYER CAN BE, WITH BOARD APPROVAL			PLAYER CAN BE
aged 14 years old or below	aged 15 years old turning 16 during the season	aged 16 years old turning 17 during the season	aged 17 years old turning 18 during the season	aged 18 years old or older
				

JNBL (Junior National League) Players

CANNOT BE PARTICIPATING IN	PLAYER CAN BE PARTICIPATING IN, WITH BOARD APPROVAL	PLAYER CAN BE
Under 14 JNBL or below	Under 16 JNBL 15 turning 16 during the season	Under 18 JNBL 16 turning 17 or 17 turning 18 during the season
		

Senior Players (SNBL: Senior National League)

CANNOT BE PARTICIPATING IN	CAN BE PARTICIPATING IN				
SBL Professional	BCB Semi-Professional	SNBL Div1	SNBL Div2	SNBL Div3	Senior National League ANY FEMALE DIVISIONS
					
Game Play	10:00 minutes quarters STOP-CLOCK	5:00 minutes overtime STOP-CLOCK		10ft RING HEIGHT	
Fixture Scheduling	Saturday & Sunday SCHEDULED HOME FIXTURES	10:00 EARLIEST TIP TIME		19:00 LATEST TIP TIME	
	Weekdays SCHEDULED HOME FIXTURES	19:00 EARLIEST TIP TIME		20:15 LATEST TIP TIME	
Players	5 Minimum number of players in game	Ball size	7	Minimum Number of Coaches Registered and assigned to team in PlayHQ	1
Time-Outs	Yes	Substitutions Yes			
Zone Defence					
Table Official Requirements	MUST HAVE 2 TABLE OFFICIALS	(3PO Crewed) (Level 3+)	MINIMUM PER-GAME Level 2 or above		WITH Level 1 or above

Official Payments	These fees are the standard requirements. These match Basketball England Scales. This division referees will be appointed by the league. If this game is assigned 3 referees at least two of them should travel together.					
		LEVEL 1	LEVEL 2+	(3PO Crewed [Level2+])	MILLAGE	MAXIMUM CLAIM
	Referee	£17.00	£30.00	(£25.00)	0.45p	£40.00
	Table Official	£12.00	£18.00	(£20.00)	per-mile	



Under Twenty-One

MIXED SENIOR DIVISION
Addendum Nine

Players age criteria as of 1 September

CANNOT BE		PLAYER CAN BE				CANNOT BE
aged 16 years old or below		aged 17 years old turning 18 during the season	aged 18 years old turning 19 during the season	aged 19 years old turning 20 during the season	aged 20 years old turning 21 during the season	aged 21 years old or older

JNBL (Junior National League) Players participating in

Under 12 JNBL		Under 14 JNBL		Under 16 JNBL		Under 18 JNBL	
10 turning 11 during the season	11 turning 12 during the season	12 turning 13 during the season	13 turning 14 during the season	14 turning 15 during the season	15 turning 16 during the season	16 turning 17 during the season	17 turning 18 during the season

Game Play	10:00 minutes quarters STOP-CLOCK		5:00 minutes overtime STOP-CLOCK		10ft RING HEIGHT			
Fixture Scheduling	Saturday & Sunday SCHEDULED HOME FIXTURES		10:00 EARLIEST TIP TIME		18:00 LATEST TIP TIME			
	Weekdays SCHEDULED HOME FIXTURES		19:00 EARLIEST TIP TIME		20:15 LATEST TIP TIME			
Players	5 Minimum number of players in game		Ball size	7	Minimum Number of Coaches Registered and assigned to team in PlayHQ		1	
Time-Outs	Yes						Substitutions	Yes
Zone Defence								
	QUARTER 1		QUARTER 2		QUARTER 3		QUARTER 4	OVERTIME
Official Requirements	MINIMUM PER-GAME		WITH		For Development PER-GAME		Overseen by	
These are the minimum requirements per-game	Referee	Level 2 or above	Level 1 or above		two Level 1s		Experienced Level 2 (approved by the YBL)	
	Table Official	Level 2 or above	Level 1 or above		two Level 1s		or a Level 3+ official.	
Official Payments	These fees are the standard requirements. These match Basketball England Scales. Fees can be negotiated between clubs and officials before the game starts.							
		LEVEL 1	LEVEL 2+		MILLAGE		MAXIMUM CLAIM	
	Referee	£17.00	£25.00		0.45p		£37.00	
	Table Official	£12.00	£17.00		per-mile			



The Challenge Cup (Senior)

SENIOR CUP COMPETITION

Addendum Ten

Players age criteria as of 1 September

CANNOT BE	PLAYER CAN BE, WITH BOARD APPROVAL			PLAYER CAN BE
aged 14 years old or below	aged 15 years old turning 16 during the season	aged 16 years old turning 17 during the season	aged 17 years old turning 18 during the season	aged 18 years old or older

JNBL (Junior National League) Players

CANNOT BE PARTICIPATING IN	PLAYER CAN BE PARTICIPATING IN, WITH BOARD APPROVAL	PLAYER CAN BE
Under 14 JNBL or below	Under 16 JNBL 15 turning 16 during the season	Under 18 JNBL 16 turning 17 or 17 turning 18 during the season

Senior Players (SNBL: Senior National League)

CANNOT BE PARTICIPATING IN	PLAYER CAN BE PARTICIPATING IN		CAN BE PARTICIPATING IN
SBL, BCB, SNBL Div1 Professional or Semi-Professional	SNBL Div3 Senior National League	SNBL Div2 & Div3 One player from each division	Senior National League ANY FEMALE DIVISIONS
		OR &	



Players that play exclusively for a Junior NBL team do not count towards your senior SNBL quota.

Half-Court Defence

Yes



When a team reaches a 20-point lead they must play half-court defence. Teams can attempt to rebound or gain possession of a loose ball. However, once the opposition has secured clear possession/control of the ball (including dribbling in their own back court), the other team MUST return into their own half (around the throw-in lines) and may play defence once the ball is in their defensive back court.

Game Play

10:00 minutes quarters
STOP-CLOCK

5:00 minutes overtime
STOP-CLOCK

10ft
RING HEIGHT

Fixture Scheduling

Saturday & Sunday
SCHEDULED HOME FIXTURES

10:00
EARLIEST TIP TIME

18:00
LATEST TIP TIME

Weekdays
SCHEDULED HOME FIXTURES

19:00
EARLIEST TIP TIME

20:15
LATEST TIP TIME

Players

5
Minimum number of players in game

Ball size

7

Minimum Number of Coaches
Registered and assigned to team in PlayHQ

1

Time-Outs

Yes

Substitutions

Yes

Zone Defence



QUARTER 1



QUARTER 2



QUARTER 3



QUARTER 4



OVERTIME

Official Requirements

These are the minimum requirements per-game

Referee
Table Official

MINIMUM PER-GAME

Level 2 or above
Level 2 or above

WITH

Level 1 or above
Level 1 or above

For Development
PER-GAME

two Level 1s
two Level 1s

Overseen by

Experienced Level 2
(approved by the YBL)
or a Level 3+ official.

Official Payments

These fees are the standard requirements. These match Basketball England Scales. Fees can be negotiated between clubs and officials before the game starts.

Referee
Table Official

LEVEL 1

£17.00

£12.00

LEVEL 2+

£28.00

£17.00

MILLAGE

0.45p
per-mile

MAXIMUM CLAIM

£37.00



3x3 Events

3x3 competitions

Addendum Eleven

Game Play	10:00 minutes RUNNING-CLOCK OR game ends when a team reaches 21 points	End of regulation play the scores are tied. First team to score 2 points.	12 seconds SHOT CLOCK	Half Court (Or marked out 2-point line)
Fixture Scheduling	Saturday & Sunday SCHEDULED HOME FIXTURES	10:00 EARLIEST TIP TIME	17:00 LATEST TIP TIME	You cannot schedule regular season games mid-week as your preferred slot. However, rearranging a fixture to mid-week is permitted with the agreement and approval of the visiting team and upon completion of a Game Form and YBL approval.
Players	3 Players on court at any time	4 Players in the squad		
Time-Outs	1 (30 seconds) Players (or coach, age dependant), may call at any time in a dead ball situation (not after a basket)	Substitutions	Yes Rolling subs from end-line (opposite the basket) at a dead ball situation with the permission of the referee	
Ball size	6 (3x3 ball)	Height of Basketball 10ft		
Points	2 points For any field basket outside 3-point line (or marked line)	1 point For any field basket inside 3-point line (or marked line), or made free-throw		
Fouls	2 shots For 7 th team foul and over, no personal foul count (except technical fouls)	2 shots For 10 th team foul and over with possession at the top (outside) of the 3point arc, after last made or missed free-throw.		
Additional notes	The clock does not stop in the last two minutes. On a score, a member of the scoring team takes ball outside of 3-point (or marked) line. Using a bounce pass, passes to a player from opposition who is positioned inside 2-point line. The opposition player returns the bounce pass. The next period of play commences			

Official Requirements

These are the minimum requirements per-game. Ideally, the officials should be 3x3 trained. Not this is not essential.

Referee	MINIMUM PER-GAME	WITH	For Development PER-GAME	Overseen by
Table Official	Level 2 or above	Level 1 or above	two Level 1s	Experienced Level 2 (approved by the YBL)
	Level 2 or above	Level 1 or above	two Level 1s	or a Level 3+ official.



Under 9

MINI-YBL DIVISION (CENTRAL VENUE DIVISIONS)
Addendum Twelve

Players age criteria as of 1 September

PLAYER CAN BE	PLAYER CAN BE			CANNOT BE
aged 5 years old or below with approval	aged 6 years old turning 7 during the season	aged 7 years old turning 8 during the season	aged 8 years old turning 9 during the season	aged 9 years old or older



JNBL (Junior National League)



This division does not permit national league players.

Game Play	6:00 minutes quarters RUNNING-CLOCK		2:00 minutes OVERTIME RUNNING-CLOCK		Cross-Court PLAY	8ft BASKET HEIGHT
Additional notes	If at the end of the third quarter the losing team feel they are unable to continue due to their points different, the head coach for the losing team can call to finish the game at this point.					
Fixture Scheduling	Saturday & Sunday SCHEDULED HOME FIXTURES		10:00 EARLIEST TIP TIME		17:00 LATEST TIP TIME	
You cannot schedule regular season games mid-week as your preferred slot. However, rearranging a fixture to mid-week is permitted with the agreement and approval of the visiting team and upon completion of a Game Form and YBL approval.						
Players	4 Players on court at any time	12 Maximum players in the squad at event	Ball size	5	Zone Defence	
Time-Outs	(4) – 2 EACH HALF (30 seconds)		Substitutions		Yes – SECOND HALF	
Player rotation	<div>PLAYERS 1, 2, 3 & 4</div> <div>QUARTER 1</div>	<div>PLAYERS 5, 6, 7 & 8</div> <div>QUARTER 2</div>	<div>PLAYERS 9, 10, 11 & 12 OR any players if used</div> <div>QUARTER 3</div>	<div>ANY PLAYERS</div> <div>QUARTER 4</div>	<div>ANY PLAYERS</div> <div>OVERTIME</div>	
Bonus Points The court captain will receive two points at the start of Q1 & Q2 if the team has eight players or more for each game.	 QUARTER 1	 QUARTER 2	 QUARTER 3	 QUARTER 4	 OVERTIME	
Half-Court Defence	 QUARTER 1	 QUARTER 2	 QUARTER 3	 QUARTER 4	 OVERTIME	
Half-Court Defence (Quarter 4 and Overtime)	Yes When a team reaches a 10-point lead they must play half-court defence. Teams can attempt to rebound or gain possession of a loose ball. However, once the opposition has secured clear possession/control of the ball (including dribbling in their own back court), the other team MUST return into their own half (around the throw-in lines) and may play defence once the ball is in their defensive back court.					
Additional notes	This division does not display game results on the website. It will show participants and 4X4 event winners.					
Payments	The hosting club will split the costs of officials and court hire equally to the teams in this division, regardless of their attendance.					



4x4 Under 11

JUNIOR-YBL DIVISION (CENTRAL VENUE DIVISIONS)
Addendum Thirteen

Players age criteria as of 1 September

PLAYER CAN BE	PLAYER CAN BE			CANNOT BE
aged 7 years old or below with approval	aged 8 years old turning 9 during the season	aged 9 years old turning 9 during the season	aged 10 years old turning 11 during the season	aged 11 years old or older

JNBL (Junior National League)



This division does not permit national league players.

Game Play

7:00
minutes quarters
RUNNING-CLOCK

2:00 minutes
OVERTIME RUNNING-CLOCK

Cross-Court
PLAY

8ft
BASKET HEIGHT

Additional notes

If at the end of the third quarter the losing team feel they are unable to continue due to their points different, the head coach can call to finish the game at this point.

Fixture Scheduling

Saturday & Sunday
SCHEDULED HOME FIXTURES

10:00
EARLIEST TIP TIME

17:00
LATEST TIP TIME

You cannot schedule regular season games mid-week as your preferred slot. However, rearranging a fixture to mid-week is permitted with the agreement and approval of the visiting team and upon completion of a Game Form and YBL approval.

Players

4
Players on court at any time

12
Maximum players in the
squad at event

Ball size | **5**

Zone Defence



Time-Outs

(4) – 2 EACH HALF
(30 seconds)

Substitutions

Yes – SECOND HALF

Player rotation

PLAYERS
1, 2, 3 & 4
QUARTER 1

PLAYERS
5, 6, 7 & 8
QUARTER 2

PLAYERS
9, 10, 11 & 12
OR any players if used
QUARTER 3

ANY PLAYERS
QUARTER 4

ANY PLAYERS
OVERTIME

Bonus Points

The court captain will receive two points at the start of Q1 & Q2 if the team has eight players or more for each game.

2
QUARTER 1

2
QUARTER 2

QUARTER 3

QUARTER 4

OVERTIME

Half-Court Defence

QUARTER 1

QUARTER 2

QUARTER 3

QUARTER 4

OVERTIME

Half-Court Defence
(Quarter 4 and Overtime)

Yes

When a team reaches a 10-point lead they must play half-court defence. Teams can attempt to rebound or gain possession of a loose ball. However, once the opposition has secured clear possession/control of the ball (including dribbling in their own back court), the other team MUST return into their own half (around the throw-in lines) and may play defence once the ball is in their defensive back court.

Additional notes

This division does not display game results on the website. It will show participants and 4X4 event winners.

Payments

The hosting club will split the costs of officials and court hire equally to the teams in this division, regardless of their attendance.

Official Requirements

These are the minimum requirements per-game.

	MINIMUM PER-GAME	WITH	For Development PER-GAME	Overseen by
Referee	Level 2 or above	Level 1 or above	two Level 1s	Experienced Level 2
Table Official	Level 2 or above	Level 1 or above	two Level 1s	(approved by the YBL) or a Level 3+ official.



Under 13 Zonal Division

MIXED ZONAL DIVISION GROUPS

Addendum Fourteen

Players age criteria as of 1 September

CANNOT BE	PLAYER CAN BE	PLAYER CAN BE	PLAYER CAN BE	CANNOT BE
aged 9 years old or below	aged 10 years old turning 11 during the season	aged 11 years old turning 12 during the season	aged 12 years old turning 13 during the season	aged 13 years old or older



JNBL (Junior National League)



This division does not permit national league players.

Exemption requests



This division does not except exemption request for playing up or down outside the criteria above.

Half-Court Defence

Yes



When a team reaches a 20-point lead they must play half-court defence. Teams can attempt to rebound or gain possession of a loose ball. However, once the opposition has secured clear possession/control of the ball (including dribbling in their own back court), the other team MUST return into their own half (around the throw-in lines) and may play defence once the ball is in their defensive back court.

No Zone Defence



Zone defense is not permitted during this game.

All-Play



We recommend all players play a minimum of one quarter.

Game Play

10:00 minutes quarters
STOP-CLOCK

5:00 minutes overtime
STOP-CLOCK

10ft
RING HEIGHT

Fixture Scheduling

Saturday & Sunday
SCHEDULED HOME FIXTURES

10:00
EARLIEST TIP TIME

18:00
LATEST TIP TIME

You cannot schedule regular season games mid-week as your preferred slot. However, rearranging a fixture to mid-week is permitted with the agreement and approval of the visiting team and upon completion of a Game Form and YBL approval.

Players

5
Minimum number of players in game

Ball size

5

Minimum Number of Coaches
Registered and assigned to team in PlayHQ

1

Time-Outs

Yes

Substitutions

Yes

Official Requirements

These are the minimum requirements per-game

Referee
Table Official

MINIMUM PER-GAME

Level 2 or above
Level 2 or above

WITH

Level 1 or above
Level 1 or above

For Development
PER-GAME

two Level 1s
two Level 1s

Overseen by

Experienced Level 2
(approved by the YBL)
or a Level 3+ official.

Official Payments

These fees are the standard requirements. These match Basketball England Scales. Fees can be negotiated between clubs and officials before the game starts.

Referee
Table Official

LEVEL 1
£15.00
£10.00

LEVEL 2+
£24.00
£15.00

MILLAGE
0.45p
per-mile

MAXIMUM CLAIM
£37.00



Under 15 Zonal Divisions

MIXED ZONAL DIVISION GROUPS

Addendum Fifteen

Players age criteria as of 1 September

CANNOT BE aged 11 years old or below	PLAYER CAN BE aged 12 years old turning 13 during the season	PLAYER CAN BE aged 13 years old turning 14 during the season	PLAYER CAN BE aged 14 years old turning 15 during the season	CANNOT BE aged 15 years old or older
--	--	--	--	--



JNBL (Junior National League)



This division does not permit national league players.

Half-Court Defence

Yes



When a team reaches a 20-point lead they must play half-court defence. Teams can attempt to rebound or gain possession of a loose ball. However, once the opposition has secured clear possession/control of the ball (including dribbling in their own back court), the other team **MUST** return into their own half (around the throw-in lines) and may play defence once the ball is in their defensive back court.

Zone Defence



QUARTER 1



QUARTER 2



QUARTER 3



QUARTER 4



OVERTIME

Game Play

10:00 minutes quarters
STOP-CLOCK

5:00 minutes overtime
STOP-CLOCK

10ft
RING HEIGHT

Fixture Scheduling

Saturday & Sunday
SCHEDULED HOME FIXTURES

10:00
EARLIEST TIP TIME

18:00
LATEST TIP TIME

You cannot schedule regular season games mid-week as your preferred slot. However, rearranging a fixture to mid-week is permitted with the agreement and approval of the visiting team and upon completion of a Game Form and YBL approval.

Players

5

Minimum number of players in game

Ball size

7

Minimum Number of Coaches

Registered and assigned to team in PlayHQ

1

Time-Outs

Yes

Substitutions

Yes

Official Requirements

These are the minimum requirements per-game

MINIMUM PER-GAME

WITH

For Development
PER-GAME

Overseen by

Referee
Table Official

Level 2 or above
Level 2 or above

Level 1 or above
Level 1 or above

two Level 1s
two Level 1s

Experienced Level 2
(approved by the YBL)
or a Level 3+ official.

Official Payments

These fees are the standard requirements. These match Basketball England Scales. Fees can be negotiated between clubs and officials before the game starts.

Referee
Table Official

LEVEL 1
£15.00
£10.00

LEVEL 2+
£24.00
£15.00

MILLAGE
0.45p
per-mile

MAXIMUM CLAIM
£37.00



Under 17 Zonal Divisions

MIXED ZONAL DIVISION GROUPS

Addendum Sixteen

Players age criteria as of 1 September

CANNOT BE	PLAYER CAN BE	PLAYER CAN BE	PLAYER CAN BE	CANNOT BE
aged 13 years old or below	aged 14 years old turning 15 during the season	aged 15 years old turning 16 during the season	aged 16 years old turning 17 during the season	aged 17 years old or older

JNBL (Junior National League)



This division does not permit national league players.

Half-Court Defence



Yes

When a team reaches a 20-point lead they must play half-court defence. Teams can attempt to rebound or gain possession of a loose ball. However, once the opposition has secured clear possession/control of the ball (including dribbling in their own back court), the other team **MUST** return into their own half (around the throw-in lines) and may play defence once the ball is in their defensive back court.

Zone Defence



QUARTER 1



QUARTER 2



QUARTER 3



QUARTER 4



OVERTIME

Game Play

10:00 minutes quarters
STOP-CLOCK

5:00 minutes overtime
STOP-CLOCK

10ft
RING HEIGHT

Fixture Scheduling

Saturday & Sunday
SCHEDULED HOME FIXTURES

10:00
EARLIEST TIP TIME

18:00
LATEST TIP TIME

Weekdays
SCHEDULED HOME FIXTURES

19:00
EARLIEST TIP TIME

20:15
LATEST TIP TIME

Players

5
Minimum number of players in game

Ball size

7

Minimum Number of Coaches
Registered and assigned to team in PlayHQ

1

Time-Outs

Yes

Substitutions

Yes

Official Requirements

These are the minimum requirements per-game

Referee
Table Official

MINIMUM PER-GAME

Level 2 or above
Level 2 or above

WITH

Level 1 or above
Level 1 or above

For Development
PER-GAME

two Level 1s
two Level 1s

Overseen by

Experienced Level 2
(approved by the YBL)
or a Level 3+ official.

Official Payments

These fees are the standard requirements. These match Basketball England Scales. Fees can be negotiated between clubs and officials before the game starts.

Referee
Table Official

LEVEL 1
£17.00
£12.00

LEVEL 2+
£25.00
£17.00

MILLAGE
0.45p
per-mile

MAXIMUM CLAIM
£37.00



The Challenge Cup Under 14

MIXED COMPTITION CUP POOLS

Addendum Seventeen

The Challenge Cup is a hybrid competition designed to support player development by bridging the gap between divisions. It gives YBL and Junior National League players more opportunities to compete.

Players age criteria as of 1 September

CANNOT BE aged 10 years old or below	PLAYER CAN BE aged 11 years old turning 12 during the season	PLAYER CAN BE aged 12 years old turning 13 during the season	PLAYER CAN BE aged 13 years old turning 14 during the season	CANNOT BE aged 14 years old or older

JNBL (Junior National League) Players participating in

Under 12 JNBL		Under 14 JNBL		Under 16 JNBL		Under 18 JNBL	
10 turning 11 during the season	11 turning 12 during the season	12 turning 13 during the season	13 turning 14 during the season	14 turning 15 during the season	15 turning 16 during the season	16 turning 17 during the season	17 turning 18 during the season

Game Play

10:00 minutes quarters
STOP-CLOCK

5:00 minutes overtime
STOP-CLOCK

10ft
RING HEIGHT

Fixture Scheduling

Saturday & Sunday
SCHEDULED HOME FIXTURES

10:00
EARLIEST TIP TIME

18:00
LATEST TIP TIME

You cannot schedule regular season games mid-week as your preferred slot. However, rearranging a fixture to mid-week is permitted with the agreement and approval of the visiting team and upon completion of a Game Form and YBL approval.

Players

5
Minimum number of players in game

Ball size

6

Minimum Number of Coaches
Registered and assigned to team in PlayHQ

1

Time-Outs | Yes

Substitutions | Yes

Official
Requirements

These are the minimum
requirements per-game

	MINIMUM PER-GAME	WITH	For Development PER-GAME	Overseen by
Referee	Level 2 or above	Level 1 or above	two Level 1s	Experienced Level 2 (approved by the YBL)
Table Official	Level 2 or above	Level 1 or above	two Level 1s	or a Level 3+ official.

Official Payments

These fees are the standard requirements. These match Basketball England Scales. Fees can be negotiated between clubs and officials before the game starts.

	LEVEL 1	LEVEL 2+	MILLAGE	MAXIMUM CLAIM
Referee	£15.00	£24.00	0.45p	£37.00
Table Official	£10.00	£15.00	per-mile	
















The Challenge Cup Under 16

MIXED COMPTITION CUP POOLS

Addendum Eighteen

The Challenge Cup is a hybrid competition designed to support player development by bridging the gap between divisions. It gives YBL and Junior National League players more opportunities to compete.

Players age criteria as of 1 September									
CANNOT BE		PLAYER CAN BE		PLAYER CAN BE		PLAYER CAN BE		CANNOT BE	
aged 12 years old or below		aged 13 years old turning 14 during the season		aged 14 years old turning 15 during the season		aged 15 years old turning 16 during the season		aged 16 years old or older	
									
JNBL (Junior National League) Players participating in									
Under 12 JNBL		Under 14 JNBL		Under 16 JNBL		Under 18 JNBL			
10 turning 11 during the season		11 turning 12 during the season		12 turning 13 during the season		13 turning 14 during the season		14 turning 15 during the season	
									
									
									
Game Play	10:00 minutes quarters STOP-CLOCK		5:00 minutes overtime STOP-CLOCK		10ft RING HEIGHT				
Fixture Scheduling	Saturday & Sunday SCHEDULED HOME FIXTURES		10:00 EARLIEST TIP TIME		18:00 LATEST TIP TIME				
	Weekdays SCHEDULED HOME FIXTURES		19:00 EARLIEST TIP TIME		20:15 LATEST TIP TIME				
Players	5 Minimum number of players in game		Ball size	7	Minimum Number of Coaches		1 Registered and assigned to team in PlayHQ		
Time-Outs	Yes		Substitutions		Yes				
Official Requirements	MINIMUM PER-GAME		WITH		For Development PER-GAME		Overseen by		
These are the minimum requirements per-game	Referee	Level 2 or above	Level 1 or above		two Level 1s		Experienced Level 2 (approved by the YBL) or a Level 3+ official.		
	Table Official	Level 2 or above	Level 1 or above		two Level 1s				
Official Payments	These fees are the standard requirements. These match Basketball England Scales. Fees can be negotiated between clubs and officials before the game starts.								
	LEVEL 1		LEVEL 2+		MILLAGE		MAXIMUM CLAIM		
	Referee	£17.00	£25.00		0.45p		£37.00		
	Table Official	£12.00	£17.00		per-mile				



The Challenge Cup Under 18

MIXED COMPTITION CUP POOLS

Addendum Nineteen

The Challenge Cup is a hybrid competition designed to support player development by bridging the gap between divisions. It gives YBL and Junior National League players more opportunities to compete.

Players age criteria as of 1 September											
CANNOT BE		PLAYER CAN BE		PLAYER CAN BE		PLAYER CAN BE		CANNOT BE			
aged 14 years old or below		aged 15 years old turning 16 during the season		aged 16 years old turning 17 during the season		aged 17 years old turning 18 during the season		aged 18 years old or older			
JNBL (Junior National League) Players participating in											
Under 12 JNBL		Under 14 JNBL		Under 16 JNBL		Under 18 JNBL					
10 turning 11 during the season	11 turning 12 during the season	12 turning 13 during the season	13 turning 14 during the season	14 turning 15 during the season	15 turning 16 during the season	16 turning 17 during the season	17 turning 18 during the season				
Game Play		10:00 minutes quarters STOP-CLOCK		5:00 minutes overtime STOP-CLOCK		10ft RING HEIGHT					
Fixture Scheduling		Saturday & Sunday SCHEDULED HOME FIXTURES		10:00 EARLIEST TIP TIME		18:00 LATEST TIP TIME					
		Weekdays SCHEDULED HOME FIXTURES		19:00 EARLIEST TIP TIME		20:15 LATEST TIP TIME					
Players		5 Minimum number of players in game		Ball size 7		Minimum Number of Coaches 1 Registered and assigned to team in PlayHQ					
Time-Outs		Yes		Substitutions		Yes					
Official Requirements		MINIMUM PER-GAME		WITH		For Development PER-GAME		Overseen by			
These are the minimum requirements per-game		Referee		Level 2 or above		Level 1 or above		two Level 1s		Experienced Level 2 (approved by the YBL) or a Level 3+ official.	
		Table Official		Level 2 or above		Level 1 or above		two Level 1s			
Official Payments		These fees are the standard requirements. These match Basketball England Scales. Fees can be negotiated between clubs and officials before the game starts.									
		LEVEL 1		LEVEL 2+		MILLAGE		MAXIMUM CLAIM			
		Referee		£17.00		£25.00		0.45p		£37.00	
		Table Official		£12.00		£17.00		per-mile			



Game Play Overview

ALL DIVISIONS & COMPETITIONS
Addendum Twenty

	All Play Recommended	Half-Court Defence	Can I Play Zone?
3x3 Events			
4x4 Under 9 & Under 11			
Under 13 Zonal			
Under 13 All-Girls & Zonal			
Under 14 The Challenge Cup			
Under 15 All-Girls & Zonal			1 st & 3 ^d 2 nd , 4 th & O/T
Under 16 The Challenge Cup			
Under 17 Zonal			1 st & 3 ^d 2 nd , 4 th & O/T
Under 18 All-Girls			1 st & 3 ^d 2 nd , 4 th & O/T
Under 18 The Challenge Cup			
Women2			
Women1			
The Beth Matthews Cup			
Under Twenty-One & M Division			
YBL One Division			
The Challenge Cup Senior			



When a team reaches a 10 (Under 11) or 20-point lead they must play half-court defence. Teams can attempt to rebound or gain possession of a loose ball. However, once the opposition has secured clear possession/control of the ball (including dribbling in their own back court), the other team MUST return into their own half (around the throw-in lines) and may play defence once the ball is in their defensive back court.