

Game Regulations  
**Game Addendums**  
ALL COMPETITIONS & DIVISIONS  
2026/2027 SEASON

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## Under 13 All-Girls

JUNIOR GIRLS DIVISION  
Addendum One

### Players age criteria as of 1 September

CANNOT BE	PLAYER CAN BE	CANNOT BE		
aged 9 years old or below	aged 10 years old turning 11 during the season	aged 11 years old turning 12 during the season	aged 12 years old turning 13 during the season	aged 13 years old or older



**JNBL** (Junior National League)  This division does not permit national league players.

**Exemption requests**  This division does not except exemption request for playing up or down outside the criteria above.

**Half-Court Defence**  Yes When a team reaches a 20-point lead they must play half-court defence. Teams can attempt to rebound or gain possession of a loose ball. However, once the opposition has secured clear possession/control of the ball (including dribbling in their own back court), the other team MUST return into their own half (around the throw-in lines) and may play defence once the ball is in their defensive back court.

**No Zone Defence**  Zone defense is not permitted during this game.

**All-Play**  We recommend all players play a minimum of one quarter.

**Game Play** 10:00 minutes quarters STOP-CLOCK 5:00 minutes overtime STOP-CLOCK 10ft RING HEIGHT

**Fixture Scheduling** Saturday & Sunday SCHEDULED HOME FIXTURES 10:00 EARLIEST TIP TIME 18:00 LATEST TIP TIME

You cannot schedule regular season games mid-week as your preferred slot. However, rearranging a fixture to mid-week is permitted with the agreement and approval of the visiting team and upon completion of a Game Form and YBL approval.

<b>Players</b>	5 Minimum number of players in game	<b>Ball size</b>	5	<b>Minimum Number of Coaches</b>	1 Registered and assigned to team in PlayHQ
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**Time-Outs** Yes **Substitutions** Yes

<b>Official Requirements</b>	MINIMUM PER-GAME		WITH	For Development PER-GAME	Overseen by
These are the minimum requirements per-game	Referee	Level 2 or above	Level 1 or above	two Level 1s	Experienced Level 2 (approved by the YBL) or a Level 3+ official.
	Table Official	Level 2 or above	Level 1 or above	two Level 1s	

<b>Official Payments</b>	These fees are the standard requirements. These match Basketball England Scales. Fees can be negotiated between clubs and officials before the game starts.			
	LEVEL 1 Referee	LEVEL 2+ Table Official	MILLAGE 0.45p per-mile	MAXIMUM CLAIM £37.00
	£15.00	£24.00 £15.00		
	£10.00			



## Under 15 All-Girls

FEMALE DIVISION

Addendum Two

### Players age criteria as of 1 September

CANNOT BE	PLAYER CAN BE	CANNOT BE
<b>aged 11</b> years old or below	<b>aged 12</b> years old turning 13 during the season	<b>aged 13</b> years old turning 14 during the season



**JNBL (Junior National League)** This division does not permit national league players.

**Exemption requests** This division does not except exemption request for playing up or down outside the criteria above.

**Half-Court Defence** Yes When a team reaches a 20-point lead they must play half-court defence. Teams can attempt to rebound or gain possession of a loose ball. However, once the opposition has secured clear possession/control of the ball (including dribbling in their own back court), the other team MUST return into their own half (around the throw-in lines) and may play defence once the ball is in their defensive back court.

**Zone Defence**



QUARTER 1



QUARTER 2



QUARTER 3



QUARTER 4



OVERTIME

**Game Play** 10:00 minutes quarters  
STOP-CLOCK 5:00 minutes overtime  
STOP-CLOCK 10ft  
RING HEIGHT

**Fixture Scheduling** Saturday & Sunday  
SCHEDULED HOME FIXTURES 10:00  
EARLIEST TIP TIME 18:00  
LATEST TIP TIME

You cannot schedule regular season games mid-week as your preferred slot. However, rearranging a fixture to mid-week is permitted with the agreement and approval of the visiting team and upon completion of a Game Form and YBL approval.

<b>Players</b>	5 Minimum number of players in game	<b>Ball size</b>	6	<b>Minimum Number of Coaches</b>	1 Registered and assigned to team in PlayHQ
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**Time-Outs** Yes **Substitutions** Yes

<b>Official Requirements</b>	MINIMUM PER-GAME		WITH	For Development PER-GAME	Overseen by
These are the minimum requirements per-game	Referee	Level 2 or above	Level 1 or above	two Level 1s	Experienced Level 2 (approved by the YBL) or a Level 3+ official.
	Table Official	Level 2 or above	Level 1 or above	two Level 1s	

<b>Official Payments</b>	These fees are the standard requirements. These match Basketball England Scales. Fees can be negotiated between clubs and officials before the game starts.			<b>MILLAGE</b>	<b>MAXIMUM CLAIM</b>
	Referee	LEVEL 1 £15.00	LEVEL 2+ £25.00	0.45p per-mile	£37.00
	Table Official	£10.00	£15.00		



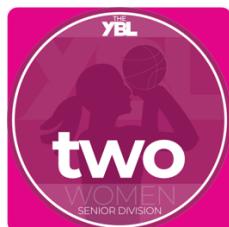
## Under 18 All-Girls

FEMALE DIVISION

Addendum Three

**Players age criteria as of 1 September**

CANNOT BE	PLAYER CAN BE	CANNOT BE			
<b>aged 14</b> years old or below	<b>aged 15</b> years old turning 16 during the season	<b>aged 16</b> years old turning 15 during the season			
<b>aged 17</b> years old turning 18 during the season					
<b>aged 19</b> years old or older					
<b>JNBL (Junior National League)</b>		This division does not permit national league players.			
<b>Exemption requests</b>		This division does not except exemption request for playing up or down outside the criteria above.			
<b>Half-Court Defence</b>		When a team reaches a 20-point lead they must play half-court defence. Teams can attempt to rebound or gain possession of a loose ball. However, once the opposition has secured clear possession/control of the ball (including dribbling in their own back court), the other team MUST return into their own half (around the throw-in lines) and may play defence once the ball is in their defensive back court.			
<b>Zone Defence</b>					
	QUARTER 1	QUARTER 2	QUARTER 3	QUARTER 4	OVERTIME
<b>Game Play</b>	10:00 minutes quarters STOP-CLOCK	5:00 minutes overtime STOP-CLOCK		10ft RING HEIGHT	
<b>Fixture Scheduling</b>	Saturday & Sunday SCHEDULED HOME FIXTURES	10:00 EARLIEST TIP TIME		18:00 LATEST TIP TIME	
	You cannot schedule regular season games mid-week as your preferred slot. However, rearranging a fixture to mid-week is permitted with the agreement and approval of the visiting team and upon completion of a Game Form and YBL approval.				
<b>Players</b>	5 Minimum number of players in game	<b>Ball size</b>	6	<b>Minimum Number of Coaches</b>	1 Registered and assigned to team in PlayHQ
<b>Time-Outs</b>	Yes	<b>Substitutions</b>	Yes		
<b>Official Requirements</b>	MINIMUM PER-GAME	WITH	For Development PER-GAME	Overseen by	
These are the minimum requirements per-game	Referee Table Official	Level 2 or above Level 2 or above	Level 1 or above Level 1 or above	two Level 1s two Level 1s	Experienced Level 2 (approved by the YBL) or a Level 3+ official.
<b>Official Payments</b>	LEVEL 1 Referee Table Official	LEVEL 2+ £15.00 £10.00	MILLAGE 0.45p per-mile	MAXIMUM CLAIM £37.00	



## Women Two

SENIOR DIVISION  
Addendum Four

### Players age criteria as of 1 September

CANNOT BE	PLAYER CAN BE, WITH BOARD APPROVAL	PLAYER CAN BE
<b>aged 14</b> years old or below	<b>aged 15</b> years old turning 16 during the season	<b>aged 16</b> years old turning 17 during the season
		
		
		

### NBL (National League) Players

CANNOT BE PARTICIPATING IN	PLAYER CAN BE PARTICIPATING IN, WITH BOARD APPROVAL	PLAYER CAN BE PARTICIPATING IN	CANNOT BE PARTICIPATING IN
<b>Under 14</b> JNBL or below	<b>Under 16</b> JNBL 15 turning 16 during the season	<b>Under 18</b> JNBL 15 turning 16 or 17 turning 18 during the season	<b>Senior National League</b> ANY DIVISIONS
			

Exemptions	Yes	Individual cases will be heard using the Exemption Form.
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Half-Court Defence	Yes	When a team reaches a 20-point lead they must play half-court defence. Teams can attempt to rebound or gain possession of a loose ball. However, once the opposition has secured clear possession/control of the ball (including dribbling in their own back court), the other team MUST return into their own half (around the throw-in lines) and may play defence once the ball is in their defensive back court.
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Zone Defence					
	QUARTER 1	QUARTER 2	QUARTER 3	QUARTER 4	OVERTIME

Game Play	10:00 minutes quarters STOP-CLOCK	5:00 minutes overtime STOP-CLOCK	10ft RING HEIGHT
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Fixture Scheduling	Saturday & Sunday SCHEDULED HOME FIXTURES	10:00 EARLIEST TIP TIME	18:00 LATEST TIP TIME
	Weekdays SCHEDULED HOME FIXTURES	19:00 EARLIEST TIP TIME	20:15 LATEST TIP TIME

Players	5 Minimum number of players in game	Ball size	6	Minimum Number of Coaches Registered and assigned to team in PlayHQ	1
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Time-Outs	Yes	Substitutions	Yes
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Official Requirements	MINIMUM PER-GAME	WITH	For Development PER-GAME	Overseen by
These are the minimum requirements per-game	Referee Table Official	Level 2 or above Level 2 or above	Level 1 or above Level 1 or above	two Level 1s two Level 1s

Official Payments	These fees are the standard requirements. These match Basketball England Scales. Fees can be negotiated between clubs and officials before the game starts.			MILLAGE	MAXIMUM CLAIM
	Referee Table Official	LEVEL 1 £15.00 £10.00	LEVEL 2+ £28.00 £15.00	0.45p per-mile	£40.00



## Women One

### SENIOR DIVISION

### Addendum Five

#### Players age criteria as of 1 September

CANNOT BE	PLAYER CAN BE, WITH BOARD APPROVAL	PLAYER CAN BE
<b>aged 14</b> years old or below	<b>aged 15</b> years old turning 16 during the season	<b>aged 16</b> years old turning 17 during the season
		
<b>aged 17</b> years old turning 18 during the season	<b>aged 18</b> years old or older	
		

#### NBL (National League) Players

CANNOT BE PARTICIPATING IN	PLAYER CAN BE PARTICIPATING IN, WITH BOARD APPROVAL	CAN BE PARTICIPATING IN
<b>Under 14</b> JNBL or below	<b>Under 16</b> JNBL 15 turning 16 during the season	<b>Under 18</b> JNBL 15 turning 16 or 17 turning 18 during the season
		
Zone Defence	QUARTER 1	QUARTER 2
		
	QUARTER 3	QUARTER 4
		
	OVERTIME	
Game Play	10:00 minutes quarters STOP-CLOCK	5:00 minutes overtime STOP-CLOCK
		10ft RING HEIGHT
Fixture Scheduling	Saturday & Sunday SCHEDULED HOME FIXTURES	10:00 EARLIEST TIP TIME
	Weekdays SCHEDULED HOME FIXTURES	19:00 EARLIEST TIP TIME
		18:00 LATEST TIP TIME
		20:15 LATEST TIP TIME
Players	5 Minimum number of players in game	Ball size   6
		Minimum Number of Coaches   1 Registered and assigned to team in PlayHQ

Time-Outs | Yes

Substitutions | Yes

Official Requirements	MINIMUM PER-GAME		WITH	For Development PER-GAME	Overseen by
These are the minimum requirements per-game	Referee	Level 2 or above	Level 1 or above	two Level 1s	Experienced Level 2 (approved by the YBL) or a Level 3+ official.
	Table Official	Level 2 or above	Level 1 or above	two Level 1s	
These fees are the standard requirements. These match Basketball England Scales. Fees can be negotiated between clubs and officials before the game starts.					
	Referee	LEVEL 1	LEVEL 2+	MILLAGE	MAXIMUM CLAIM
	Table Official	£15.00	£28.00	0.45p per-mile	£40.00
		£10.00	£15.00		



# The Beth Matthews Cup

## SENIOR WOMEN CUP COMPETITION

### Addendum Six

The Beth Matthews Cup is a pioneering hybrid competition created to support the development of emerging talent. By bringing together players from the YBL Zonal League, Junior National League, and Senior National League, the tournament provides a unique platform where youth and experience meet.

This competition is breaking barriers, offering young athletes the opportunity to test themselves alongside and against more experienced players. The Beth Matthews Cup bridges the gap between local competition and higher-level play, helping to prepare the next generation for future success.

#### Players age criteria as of 1 September

CANNOT BE	PLAYER CAN BE, WITH BOARD APPROVAL	PLAYER CAN BE
<b>aged 14</b> years old or below	<b>aged 15</b> years old turning 16 during the season	<b>aged 16</b> years old turning 17 during the season
		
		
		

#### NBL (National League) Players

CANNOT BE PARTICIPATING IN	PLAYER CAN BE PARTICIPATING IN, WITH BOARD APPROVAL	CAN BE PARTICIPATING IN
<b>Under 14</b> JNBL or below	<b>Under 16</b> JNBL 15 turning 16 during the season	<b>Under 18</b> JNBL 16 turning 17 or 17 turning 18 during the season
		
Zone Defence		
	QUARTER 1	QUARTER 2
		
	QUARTER 3	QUARTER 4
		
	OVERTIME	OVERTIME
Game Play	10:00 minutes quarters STOP-CLOCK	5:00 minutes overtime STOP-CLOCK
		10ft RING HEIGHT
Fixture Scheduling	Saturday & Sunday SCHEDULED HOME FIXTURES	10:00 EARLIEST TIP TIME
	Weekdays SCHEDULED HOME FIXTURES	19:00 EARLIEST TIP TIME
		18:00 LATEST TIP TIME
		20:15 LATEST TIP TIME
Players	5 Minimum number of players in game	Ball size   6
		Minimum Number of Coaches   1 Registered and assigned to team in PlayHQ

Time-Outs | Yes

Substitutions | Yes

#### Official Requirements

These are the minimum requirements per-game

##### MINIMUM PER-GAME

##### WITH

##### For Development PER-GAME

##### Overseen by

Referee | Level 2 or above  
Table Official | Level 2 or above

Level 1 or above  
Level 1 or above

two Level 1s  
two Level 1s

Experienced Level 2  
(approved by the YBL  
or a Level 3+ official)

#### Official Payments

These fees are the standard requirements. These match Basketball England Scales. Fees can be negotiated between clubs and officials before the game starts.

##### LEVEL 1

##### LEVEL 2+

##### MILLAGE

##### MAXIMUM CLAIM

Referee | £15.00  
Table Official | £10.00

£30.00  
£15.00

0.45p  
per-mile

£40.00



## M Division (East & West)

MIXED SENIOR DIVISION  
Addendum Seven

### Players age criteria as of 1 September

CANNOT BE aged 14 years old or below	PLAYER CAN BE, WITH BOARD APPROVAL aged 15 years old turning 16 during the season	aged 16 years old turning 17 during the season	aged 17 years old turning 18 during the season	PLAYER CAN BE aged 18 years old or older

### JNBL (Junior National League) Players

CANNOT BE PARTICIPATING IN <b>Under 14</b> JNBL or below	PLAYER CAN BE PARTICIPATING IN, WITH BOARD APPROVAL <b>Under 16 JNBL</b> 15 turning 16 during the season	PLAYER CAN BE <b>Under 18 JNBL</b> 16 turning 17 or 17 turning 18 during the season

### Senior Players (SNBL: Senior National League)

CANNOT BE PARTICIPATING IN <b>SBL, BCB, SNBL Div1</b> Professional or Semi-Professional	PLAYER CAN BE PARTICIPATING IN <b>SNBL Div3</b> Senior National League	OR	CAN BE PARTICIPATING IN <b>Senior National League</b> ANY FEMALE DIVISIONS

Players that play exclusively for a Junior NBL team do not count towards your senior SNBL quota.

Half-Court Defence		When a team reaches a 20-point lead they must play half-court defence. Teams can attempt to rebound or gain possession of a loose ball. However, once the opposition has secured clear possession/control of the ball (including dribbling in their own back court), the other team MUST return into their own half (around the throw-in lines) and may play defence once the ball is in their defensive back court.
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Game Play	10:00 minutes quarters STOP-CLOCK	5:00 minutes overtime STOP-CLOCK	10ft RING HEIGHT
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Fixture Scheduling	Saturday & Sunday SCHEDULED HOME FIXTURES	10:00 EARLIEST TIP TIME	18:00 LATEST TIP TIME
	Weekdays SCHEDULED HOME FIXTURES	19:00 EARLIEST TIP TIME	20:15 LATEST TIP TIME

Players	5 Minimum number of players in game	Ball size	7	Minimum Number of Coaches Registered and assigned to team in PlayHQ	1
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Time-Outs	Yes	Substitutions	Yes
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Zone Defence				
	QUARTER 1	QUARTER 2	QUARTER 3	QUARTER 4

Official Requirements	MINIMUM PER-GAME	WITH	For Development PER-GAME	Overseen by
These are the minimum requirements per-game	Referee Table Official	Level 2 or above Level 2 or above	Level 1 or above Level 1 or above	Experienced Level 2 (approved by the YBL) or a Level 3+ official.

Official Payments	These fees are the standard requirements. These match Basketball England Scales. Fees can be negotiated between clubs and officials before the game starts.	LEVEL 1	LEVEL 2+	MILLAGE	MAXIMUM CLAIM
		Referee Table Official	£17.00 £12.00	£28.00 £17.00	0.45p per-mile £37.00



# YBL One (working title)

## MIXED SENIOR DIVISION

### Addendum Eight

The YBL One division has been established to break down barriers and open new opportunities for players at all levels. This innovative hybrid competition brings together athletes from the YBL, Junior National League, and senior leagues, creating a dynamic environment for growth and development.

Designed to support progression, the YBL One helps participants challenge themselves while learning from more experienced players — bridging the gap and building stronger pathways within the game.

#### Players age criteria as of 1 September

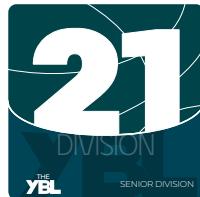
CANNOT BE	PLAYER CAN BE, WITH BOARD APPROVAL	PLAYER CAN BE
<b>aged 14</b> years old or below	<b>aged 15</b> years old turning 16 during the season	<b>aged 16</b> years old turning 17 during the season
<b>aged 17</b> years old turning 18 during the season	<b>aged 18</b> years old or older	

#### JNBL (Junior National League) Players

CANNOT BE PARTICIPATING IN	PLAYER CAN BE PARTICIPATING IN, WITH BOARD APPROVAL	PLAYER CAN BE
<b>Under 14</b> JNBL or below	<b>Under 16</b> JNBL 15 turning 16 during the season	<b>Under 18</b> JNBL 16 turning 17 or 17 turning 18 during the season

#### Senior Players (SNBL: Senior National League)

CANNOT BE PARTICIPATING IN	CAN BE PARTICIPATING IN				
	BCB	SNBL Div1	SNBL Div2	SNBL Div3	Senior National League
<b>SBL</b> Professional					
Game Play	10:00 minutes quarters STOP-CLOCK		5:00 minutes overtime STOP-CLOCK		10ft RING HEIGHT
Fixture Scheduling	Saturday & Sunday SCHEDULED HOME FIXTURES		10:00 EARLIEST TIP TIME		19:00 LATEST TIP TIME
	Weekdays SCHEDULED HOME FIXTURES		19:00 EARLIEST TIP TIME		20:15 LATEST TIP TIME
Players	5 Minimum number of players in game	Ball size	7	Minimum Number of Coaches Registered and assigned to team in PlayHQ	1
Time-Outs	Yes	Substitutions   Yes			
Zone Defence					
	QUARTER 1	QUARTER 2	QUARTER 3	QUARTER 4	OVERTIME
Table Official Requirements	MUST HAVE 2 TABLE OFFICIALS	(3PO Crewed) (Level 3+)	MINIMUM PER-GAME Level 2 or above	WITH Level 1 or above	
Official Payments	These fees are the standard requirements. These match Basketball England Scales. This division referees will be appointed by the league. If this game is assigned 3 referees at least two of them should travel together.				
	Referee	LEVEL 1 £17.00	LEVEL 2+ £30.00	(3PO Crewed [Level2+]) (£25.00)	MILLAGE 0.45p per-mile
	Table Official	£12.00	£18.00	(£20.00)	MAXIMUM CLAIM £40.00



# Under Twenty-One

## MIXED SENIOR DIVISION

### Addendum Nine

#### Players age criteria as of 1 September

CANNOT BE	PLAYER CAN BE	CANNOT BE
aged 16 years old or below	aged 17 years old turning 18 during the season	aged 18 years old turning 19 during the season
aged 19 years old turning 20 during the season	aged 20 years old turning 21 during the season	aged 21 years old or older

#### JNBL (Junior National League) Players participating in

Under 12 JNBL	Under 14 JNBL	Under 16 JNBL	Under 18 JNBL
10 turning 11 during the season	11 turning 12 during the season	12 turning 13 during the season	13 turning 14 during the season

Game Play	10:00 minutes quarters STOP-CLOCK	5:00 minutes overtime STOP-CLOCK	10ft RING HEIGHT
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Fixture Scheduling	Saturday & Sunday SCHEDULED HOME FIXTURES	10:00 EARLIEST TIP TIME	18:00 LATEST TIP TIME
	Weekdays SCHEDULED HOME FIXTURES	19:00 EARLIEST TIP TIME	20:15 LATEST TIP TIME

Players	5 Minimum number of players in game	Ball size	7	Minimum Number of Coaches Registered and assigned to team in PlayHQ	1
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Time-Outs	Yes	Substitutions	Yes
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Zone Defence				
	QUARTER 1	QUARTER 2	QUARTER 3	QUARTER 4

Official Requirements	MINIMUM PER-GAME	WITH	For Development PER-GAME	Overseen by
These are the minimum requirements per-game	Referee Table Official	Level 2 or above Level 2 or above	Level 1 or above Level 1 or above	two Level 1s two Level 1s

Official Payments	These fees are the standard requirements. These match Basketball England Scales. Fees can be negotiated between clubs and officials before the game starts.			
	Referee Table Official	LEVEL 1 £17.00 £12.00	LEVEL 2+ £25.00 £17.00	MILLAGE 0.45p per-mile £37.00



# The Challenge Cup (Senior)

## SENIOR CUP COMPETITION

### Addendum Ten

#### Players age criteria as of 1 September

CANNOT BE	PLAYER CAN BE, WITH BOARD APPROVAL	PLAYER CAN BE
<b>aged 14</b> years old or below	<b>aged 15</b> years old turning 16 during the season	<b>aged 16</b> years old turning 17 during the season

#### JNBL (Junior National League) Players

CANNOT BE PARTICIPATING IN	PLAYER CAN BE PARTICIPATING IN, WITH BOARD APPROVAL	PLAYER CAN BE
<b>Under 14</b> JNBL or below	<b>Under 16</b> JNBL 15 turning 16 during the season	<b>Under 18</b> JNBL 16 turning 17 or 17 turning 18 during the season

#### Senior Players (SNBL: Senior National League)

CANNOT BE PARTICIPATING IN	PLAYER CAN BE PARTICIPATING IN	CAN BE PARTICIPATING IN
<b>SBL, BCB, SNBL Div1</b> Professional or Semi-Professional	<b>SNBL Div3</b> Senior National League	<b>SNBL Div2 &amp; Div3</b> One player from each division

OR

	Players that play exclusively for a Junior NBL team do not count towards your senior SNBL quota.
Half-Court Defence	Yes  When a team reaches a 20-point lead they must play half-court defence. Teams can attempt to rebound or gain possession of a loose ball. However, once the opposition has secured clear possession/control of the ball (including dribbling in their own back court), the other team MUST return into their own half (around the throw-in lines) and may play defence once the ball is in their defensive back court.

Game Play	10:00 minutes quarters STOP-CLOCK	5:00 minutes overtime STOP-CLOCK	10ft RING HEIGHT
Fixture Scheduling	Saturday & Sunday SCHEDULED HOME FIXTURES	10:00 EARLIEST TIP TIME	18:00 LATEST TIP TIME
	Weekdays SCHEDULED HOME FIXTURES	19:00 EARLIEST TIP TIME	20:15 LATEST TIP TIME
Players	5 Minimum number of players in game	Ball size	7 Minimum Number of Coaches Registered and assigned to team in PlayHQ

Time-Outs	Yes	Substitutions	Yes
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Zone Defence					
	QUARTER 1	QUARTER 2	QUARTER 3	QUARTER 4	OVERTIME

Official Requirements	MINIMUM PER-GAME	WITH	For Development PER-GAME	Overseen by
These are the minimum requirements per-game	Referee Table Official	Level 2 or above Level 2 or above	Level 1 or above Level 1 or above	two Level 1s two Level 1s Experienced Level 2 (approved by the YBL or a Level 3+ official)

Official Payments	These fees are the standard requirements. These match Basketball England Scales. Fees can be negotiated between clubs and officials before the game starts.	LEVEL 1	LEVEL 2+	MILLAGE	MAXIMUM CLAIM
	Referee Table Official	£17.00 £12.00	£28.00 £17.00	0.45p per-mile	£37.00



## 3x3 Events

3x3 competitions  
Addendum Eleven

Game Play	10:00 minutes RUNNING-CLOCK OR game ends when a team reaches 21 points	End of regulation play the scores are tied. First team to score 2 points.	12 seconds SHOT CLOCK	Half Court (Or marked out 2-point line)
Fixture Scheduling	Saturday & Sunday SCHEDULED HOME FIXTURES	10:00 EARLIEST TIP TIME		17:00 LATEST TIP TIME
Players	3 Players on court at any time	4 Players in the squad		
Time-Outs	1 (30 seconds) Players (or coach, age dependant), may call at any time in a dead ball situation (not after a basket)	Substitutions	Yes Rolling subs from end-line (opposite the basket) at a dead ball situation with the permission of the referee	
Ball size	6 (3x3 ball)	Height of Basketball   10ft		
Points	2 points For any field basket outside 3-point line (or marked line)	1 point For any field basket inside 3-point line (or marked line), or made free-throw		
Fouls	2 shots For 7 <sup>th</sup> team foul and over, no personal foul count (except technical fouls)	2 shots For 10 <sup>th</sup> team foul and over with possession at the top (outside) of the 3point arc, after last made or missed free-throw.		
Additional notes	<p>The clock does not stop in the last two minutes. On a score, a member of the scoring team takes ball outside of 3-point (or marked) line. Using a bounce pass, passes to a player from opposition who is positioned inside 2-point line. The opposition player returns the bounce pass. The next period of play commences</p>			

### Official Requirements

These are the minimum requirements per-game. Ideally, the officials should be 3x3 trained. Not this is not essential.

Referee	MINIMUM PER-GAME Level 2 or above	WITH Level 1 or above	For Development PER-GAME two Level 1s	Overseen by Experienced Level 2 (approved by the YBL) or a Level 3+ official.
Table Official	Level 2 or above	Level 1 or above	two Level 1s	



## Under 9

MINI-YBL DIVISION (CENTRAL VENUE DIVISIONS)

Addendum Twelve

### Players age criteria as of 1 September

PLAYER CAN BE	PLAYER CAN BE	CANNOT BE
<b>aged 5</b> years old or below with approval	<b>aged 6</b> years old turning 7 during the season	<b>aged 7</b> years old turning 8 during the season
		

**JNBL** (Junior National League)



This division does not permit national league players.

Game Play	6:00 minutes quarters RUNNING-CLOCK	2:00 minutes OVERTIME RUNNING-CLOCK	Cross-Court PLAY	8ft BASKET HEIGHT			
Additional notes	If at the end of the third quarter the losing team feel they are unable to continue due to their points different, the head coach for the losing team can call to finish the game at this point.						
Fixture Scheduling	Saturday & Sunday SCHEDULED HOME FIXTURES	10:00 EARLIEST TIP TIME	17:00 LATEST TIP TIME				
Players	4 Players on court at any time	12 Maximum players in the squad at event	Ball size 5	Zone Defence 			
Time-Outs	(4) – 2 EACH HALF (30 seconds)	Substitutions Yes – SECOND HALF					
Player rotation	PLAYERS 1, 2, 3 & 4 QUARTER 1	PLAYERS 5, 6, 7 & 8 QUARTER 2	PLAYERS 9, 10, 11 & 12 OR any players if used QUARTER 3	ANY PLAYERS QUARTER 4			
Bonus Points	2 QUARTER 1	2 QUARTER 2	 QUARTER 3	 QUARTER 4			
Half-Court Defence	 QUARTER 1	 QUARTER 2	 QUARTER 3	 QUARTER 4			
Half-Court Defence (Quarter 4 and Overtime)	Yes 	When a team reaches a 10-point lead they must play half-court defence. Teams can attempt to rebound or gain possession of a loose ball. However, once the opposition has secured clear possession/control of the ball (including dribbling in their own back court), the other team MUST return into their own half (around the throw-in lines) and may play defence once the ball is in their defensive back court.					
Additional notes	This division does not display game results on the website. It will show participants and 4X4 event winners.						
Payments	The hosting club will split the costs of officials and court hire equally to the teams in this division, regardless of their attendance.						



## 4x4 Under 11

JUNIOR-YBL DIVISION (CENTRAL VENUE DIVISIONS)  
Addendum Thirteen

### Players age criteria as of 1 September

PLAYER CAN BE <b>aged 7</b> years old or below with approval	aged 8 years old turning 9 during the season	PLAYER CAN BE <b>aged 9</b> years old turning 9 during the season	aged 10 years old turning 11 during the season	CANNOT BE <b>aged 11</b> years old or older

**JNBL** (Junior National League) This division does not permit national league players.

Game Play	7:00 minutes quarters RUNNING-CLOCK	2:00 minutes OVERTIME RUNNING-CLOCK	Cross-Court PLAY	8ft BASKET HEIGHT			
Additional notes	If at the end of the third quarter the losing team feel they are unable to continue due to their points different, the head coach can call to finish the game at this point.						
Fixture Scheduling	Saturday & Sunday SCHEDULED HOME FIXTURES	10:00 EARLIEST TIP TIME	17:00 LATEST TIP TIME				
Players	4 Players on court at any time	12 Maximum players in the squad at event	Ball size 5	Zone Defence			
Time-Outs	(4) – 2 EACH HALF (30 seconds)	Substitutions   Yes – SECOND HALF					
Player rotation	PLAYERS 1, 2, 3 & 4 QUARTER 1	PLAYERS 5, 6, 7 & 8 QUARTER 2	PLAYERS 9, 10, 11 & 12 OR any players if used QUARTER 3	ANY PLAYERS QUARTER 4			
Bonus Points	2 QUARTER 1	2 QUARTER 2	 QUARTER 3	 QUARTER 4			
Half-Court Defence	 QUARTER 1	 QUARTER 2	 QUARTER 3	 QUARTER 4			
Half-Court Defence (Quarter 4 and Overtime)	Yes 	When a team reaches a 10-point lead they must play half-court defence. Teams can attempt to rebound or gain possession of a loose ball. However, once the opposition has secured clear possession/control of the ball (including dribbling in their own back court), the other team MUST return into their own half (around the throw-in lines) and may play defence once the ball is in their defensive back court.					
Additional notes	This division does not display game results on the website. It will show participants and 4X4 event winners.						
Payments	The hosting club will split the costs of officials and court hire equally to the teams in this division, regardless of their attendance.						

### Official Requirements

These are the minimum requirements per-game.

Referee Table Official	MINIMUM PER-GAME Level 2 or above Level 2 or above	WITH Level 1 or above Level 1 or above	For Development PER-GAME two Level 1s two Level 1s	Overseen by Experienced Level 2 (approved by the YBL) or a Level 3+ official.
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## Under 13 Zonal Division

MIXED ZONAL DIVISION GROUPS

Addendum Fourteen

### Players age criteria as of 1 September

CANNOT BE aged 9 years old or below	PLAYER CAN BE aged 10 years old turning 11 during the season	PLAYER CAN BE aged 11 years old turning 12 during the season	PLAYER CAN BE aged 12 years old turning 13 during the season	CANNOT BE aged 13 years old or older

**JNBL** (Junior National League) This division does not permit national league players.

Exemption requests This division does not except exemption request for playing up or down outside the criteria above.

Half-Court Defence Yes When a team reaches a 20-point lead they must play half-court defence. Teams can attempt to rebound or gain possession of a loose ball. However, once the opposition has secured clear possession/control of the ball (including dribbling in their own back court), the other team MUST return into their own half (around the throw-in lines) and may play defence once the ball is in their defensive back court.

No Zone Defence Zone defense is not permitted during this game.

All-Play We recommend all players play a minimum of one quarter.

Game Play 10:00 minutes quarters  
STOP-CLOCK 5:00 minutes overtime  
STOP-CLOCK 10ft  
RING HEIGHT

Fixture Scheduling Saturday & Sunday  
SCHEDULED HOME FIXTURES 10:00  
EARLIEST TIP TIME 18:00  
LATEST TIP TIME

You cannot schedule regular season games mid-week as your preferred slot. However, rearranging a fixture to mid-week is permitted with the agreement and approval of the visiting team and upon completion of a Game Form and YBL approval.

Players	5 Minimum number of players in game	Ball size	5	Minimum Number of Coaches Registered and assigned to team in PlayHQ	1
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Time-Outs Yes Substitutions Yes

Official Requirements	MINIMUM PER-GAME		WITH	For Development PER-GAME	Overseen by
These are the minimum requirements per-game	Referee	Level 2 or above	Level 1 or above	two Level 1s	Experienced Level 2 (approved by the YBL) or a Level 3+ official.

Official Payments	These fees are the standard requirements. These match Basketball England Scales. Fees can be negotiated between clubs and officials before the game starts.				
	Referee	LEVEL 1 £15.00	LEVEL 2+ £24.00	MILLAGE 0.45p per-mile	MAXIMUM CLAIM £37.00



# Under 15 Zonal Divisions

MIXED ZONAL DIVISION GROUPS

Addendum Fifteen

## Players age criteria as of 1 September

CANNOT BE	PLAYER CAN BE	PLAYER CAN BE	PLAYER CAN BE	CANNOT BE
<b>aged 11</b> years old or below	<b>aged 12</b> years old turning 13 during the season	<b>aged 13</b> years old turning 14 during the season	<b>aged 14</b> years old turning 15 during the season	<b>aged 15</b> years old or older



**JNBL** (Junior National League)



This division does not permit national league players.

Half-Court Defence



When a team reaches a 20-point lead they must play half-court defence. Teams can attempt to rebound or gain possession of a loose ball. However, once the opposition has secured clear possession/control of the ball (including dribbling in their own back court), the other team MUST return into their own half (around the throw-in lines) and may play defence once the ball is in their defensive back court.

Zone Defence



QUARTER 1



QUARTER 2



QUARTER 3



QUARTER 4



OVERTIME

Game Play

10:00 minutes quarters  
STOP-CLOCK

5:00 minutes overtime  
STOP-CLOCK

10ft  
RING HEIGHT

Fixture Scheduling

**Saturday & Sunday**  
SCHEDULED HOME FIXTURES

10:00  
EARLIEST TIP TIME

18:00  
LATEST TIP TIME

You cannot schedule regular season games mid-week as your preferred slot. However, rearranging a fixture to mid-week is permitted with the agreement and approval of the visiting team and upon completion of a Game Form and YBL approval.

Players

5

Minimum number of players in game

Ball size

7

Minimum Number of Coaches

Registered and assigned to team in PlayHQ

1

Time-Outs

Yes

Substitutions

Yes

**Official Requirements**

These are the minimum requirements per-game

MINIMUM PER-GAME

WITH

For Development  
PER-GAME

Overseen by

Referee  
Table Official

Level 2 or above

Level 1 or above

two Level 1s

Experienced Level 2  
(approved by the YBL)  
or a Level 3+ official.

Official Payments

These fees are the standard requirements. These match Basketball England Scales. Fees can be negotiated between clubs and officials before the game starts.

LEVEL 1

LEVEL 2+

MILLAGE

MAXIMUM CLAIM

Referee  
Table Official

£15.00

£24.00

0.45p  
per-mile

£37.00



# Under 17 Zonal Divisions

MIXED ZONAL DIVISION GROUPS

Addendum Sixteen

## Players age criteria as of 1 September

CANNOT BE	PLAYER CAN BE	PLAYER CAN BE	PLAYER CAN BE	CANNOT BE
<b>aged 13</b> years old or below	<b>aged 14</b> years old turning 15 during the season	<b>aged 15</b> years old turning 16 during the season	<b>aged 16</b> years old turning 17 during the season	<b>aged 17</b> years old or older



**JNBL (Junior National League)**  This division does not permit national league players.

**Half-Court Defence**  Yes When a team reaches a 20-point lead they must play half-court defence. Teams can attempt to rebound or gain possession of a loose ball. However, once the opposition has secured clear possession/control of the ball (including dribbling in their own back court), the other team MUST return into their own half (around the throw-in lines) and may play defence once the ball is in their defensive back court.

Zone Defence					OVERTIME
Game Play	10:00 minutes quarters STOP-CLOCK	5:00 minutes overtime STOP-CLOCK			10ft RING HEIGHT

Fixture Scheduling	Saturday & Sunday SCHEDULED HOME FIXTURES	10:00 EARLIEST TIP TIME	18:00 LATEST TIP TIME
	Weekdays SCHEDULED HOME FIXTURES	19:00 EARLIEST TIP TIME	20:15 LATEST TIP TIME

Players	5 Minimum number of players in game	Ball size	7	Minimum Number of Coaches Registered and assigned to team in PlayHQ	1
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**Time-Outs** Yes **Substitutions** Yes

Official Requirements	MINIMUM PER-GAME		WITH	For Development PER-GAME	Overseen by
These are the minimum requirements per-game	Referee	Level 2 or above	Level 1 or above	two Level 1s	Experienced Level 2 (approved by the YBL) or a Level 3+ official.

Official Payments	These fees are the standard requirements. These match Basketball England Scales. Fees can be negotiated between clubs and officials before the game starts.				
	LEVEL 1	LEVEL 2+	MILLAGE	MAXIMUM CLAIM	
Referee	£17.00	£25.00	0.45p	£37.00	
Table Official	£12.00	£17.00	per-mile		



# The Challenge Cup Under 14

MIXED COMPITION CUP POOLS

Addendum Seventeen

The Challenge Cup is a hybrid competition designed to support player development by bridging the gap between divisions. It gives YBL and Junior National League players more opportunities to compete.

## Players age criteria as of 1 September

CANNOT BE aged 10 years old or below	PLAYER CAN BE aged 11 years old turning 12 during the season	PLAYER CAN BE aged 12 years old turning 13 during the season	PLAYER CAN BE aged 13 years old turning 14 during the season	CANNOT BE aged 14 years old or older
				

## JNBL (Junior National League) Players participating in

Under 12 JNBL	Under 14 JNBL	Under 16 JNBL	Under 18 JNBL
10 turning 11 during the season	11 turning 12 during the season	12 turning 13 during the season	13 turning 14 during the season

Game Play	10:00 minutes quarters STOP-CLOCK	5:00 minutes overtime STOP-CLOCK	10ft RING HEIGHT
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Fixture Scheduling	Saturday & Sunday SCHEDULED HOME FIXTURES	10:00 EARLIEST TIP TIME	18:00 LATEST TIP TIME
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You cannot schedule regular season games mid-week as your preferred slot. However, rearranging a fixture to mid-week is permitted with the agreement and approval of the visiting team and upon completion of a Game Form and YBL approval.

Players	5 Minimum number of players in game	Ball size	6	Minimum Number of Coaches Registered and assigned to team in PlayHQ	1
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Time-Outs	Yes	Substitutions	Yes
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Official Requirements	MINIMUM PER-GAME	WITH	For Development PER-GAME	Overseen by
These are the minimum requirements per-game	Referee Table Official	Level 2 or above Level 2 or above	Level 1 or above Level 1 or above	two Level 1s two Level 1s

Official Payments	These fees are the standard requirements. These match Basketball England Scales. Fees can be negotiated between clubs and officials before the game starts.			
	LEVEL 1	LEVEL 2+	MILLAGE	MAXIMUM CLAIM
Referee	£15.00	£24.00	0.45p per-mile	£37.00
Table Official	£10.00	£15.00		



# The Challenge Cup Under 16

MIXED COMPITION CUP POOLS

Addendum Eighteen

The Challenge Cup is a hybrid competition designed to support player development by bridging the gap between divisions. It gives YBL and Junior National League players more opportunities to compete.

## Players age criteria as of 1 September

CANNOT BE aged 12 years old or below	PLAYER CAN BE aged 13 years old turning 14 during the season	PLAYER CAN BE aged 14 years old turning 15 during the season	PLAYER CAN BE aged 15 years old turning 16 during the season	CANNOT BE aged 16 years old or older
				

## JNBL (Junior National League) Players participating in

Under 12 JNBL	Under 14 JNBL	Under 16 JNBL	Under 18 JNBL
10 turning 11 during the season	11 turning 12 during the season	12 turning 13 during the season	13 turning 14 during the season
			

Game Play	10:00 minutes quarters STOP-CLOCK	5:00 minutes overtime STOP-CLOCK	10ft RING HEIGHT
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Fixture Scheduling	Saturday & Sunday SCHEDULED HOME FIXTURES	10:00 EARLIEST TIP TIME	18:00 LATEST TIP TIME
	Weekdays SCHEDULED HOME FIXTURES	19:00 EARLIEST TIP TIME	20:15 LATEST TIP TIME

Players	5 Minimum number of players in game	Ball size	7	Minimum Number of Coaches Registered and assigned to team in PlayHQ	1
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Time-Outs	Yes	Substitutions	Yes
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Official Requirements	MINIMUM PER-GAME		WITH	For Development PER-GAME	Overseen by
These are the minimum requirements per-game	Referee	Level 2 or above	Level 1 or above	two Level 1s	Experienced Level 2 (approved by the YBL) or a Level 3+ official.

Official Payments	These fees are the standard requirements. These match Basketball England Scales. Fees can be negotiated between clubs and officials before the game starts.				
	Referee	LEVEL 1 £17.00	LEVEL 2+ £25.00	MILLAGE 0.45p per-mile	MAXIMUM CLAIM £37.00



# The Challenge Cup Under 18

MIXED COMPITION CUP POOLS

Addendum Nineteen

The Challenge Cup is a hybrid competition designed to support player development by bridging the gap between divisions. It gives YBL and Junior National League players more opportunities to compete.

## Players age criteria as of 1 September

CANNOT BE	PLAYER CAN BE	PLAYER CAN BE	PLAYER CAN BE	CANNOT BE
<b>aged 14</b> years old or below	<b>aged 15</b> years old turning 16 during the season	<b>aged 16</b> years old turning 17 during the season	<b>aged 17</b> years old turning 18 during the season	<b>aged 18</b> years old or older



## JNBL (Junior National League) Players participating in

Under 12 JNBL	Under 14 JNBL	Under 16 JNBL	Under 18 JNBL
10 turning 11 during the season	11 turning 12 during the season	12 turning 13 during the season	13 turning 14 during the season



Game Play	10:00 minutes quarters STOP-CLOCK	5:00 minutes overtime STOP-CLOCK	10ft RING HEIGHT
Fixture Scheduling	Saturday & Sunday SCHEDULED HOME FIXTURES	10:00 EARLIEST TIP TIME	18:00 LATEST TIP TIME
	Weekdays SCHEDULED HOME FIXTURES	19:00 EARLIEST TIP TIME	20:15 LATEST TIP TIME
Players	5 Minimum number of players in game	Ball size 7	Minimum Number of Coaches Registered and assigned to team in PlayHQ 1

Time-Outs Yes

Substitutions Yes

Official Requirements	MINIMUM PER-GAME		WITH	For Development PER-GAME	Overseen by
These are the minimum requirements per-game	Referee	Level 2 or above	Level 1 or above	two Level 1s	Experienced Level 2 (approved by the YBL) or a Level 3+ official.
Table Official					
Table Official	Level 2 or above	Level 1 or above	Level 1 or above	two Level 1s	
Official Payments	These fees are the standard requirements. These match Basketball England Scales. Fees can be negotiated between clubs and officials before the game starts.				
	Referee	LEVEL 1 £17.00	LEVEL 2+ £25.00	MILLAGE 0.45p per-mile	MAXIMUM CLAIM £37.00
	Table Official	£12.00	£17.00		



# Game Play Overview

ALL DIVISIONS & COMPETITIONS  
Addendum Twenty

	All Play Recommended	Half-Court Defence	Can I Play Zone?
3x3 Events	✓	N/A	✗
4x4 Under 9 & Under 11	✓	10 POINTS HALF-COURT RULE	✗
Under 13 Zonal	✓	20 POINTS HALF-COURT RULE	✗
Under 13 All-Girls & Zonal	✓	20 POINTS HALF-COURT RULE	✗
Under 14 The Challenge Cup	✗	✗	✗
Under 15 All-Girls & Zonal	✗	20 POINTS HALF-COURT RULE	✓ 1 <sup>st</sup> & 3 <sup>rd</sup> ✗ 2 <sup>nd</sup> , 4 <sup>th</sup> & O/T
Under 16 The Challenge Cup	✗	✗	✓
Under 17 Zonal	✗	20 POINTS HALF-COURT RULE	✓ 1 <sup>st</sup> & 3 <sup>rd</sup> ✗ 2 <sup>nd</sup> , 4 <sup>th</sup> & O/T
Under 18 All-Girls	✗	20 POINTS HALF-COURT RULE	✓ 1 <sup>st</sup> & 3 <sup>rd</sup> ✗ 2 <sup>nd</sup> , 4 <sup>th</sup> & O/T
Under 18 The Challenge Cup	✗	✗	✓
Women2	✗	20 POINTS HALF-COURT RULE	✓
Women1	✗	✗	✓
The Beth Matthews Cup	✗	✗	✓
Under Twenty-One & M Division	✗	20 POINTS HALF-COURT RULE	✓
YBL One Division	✗	✗	✓
The Challenge Cup Senior	✗	20 POINTS HALF-COURT RULE	✓



When a team reaches a 10 (Under 11) or 20-point lead they must play half-court defence. Teams can attempt to rebound or gain possession of a loose ball. However, once the opposition has secured clear possession/control of the ball (including dribbling in their own back court), the other team MUST return into their own half (around the throw-in lines) and may play defence once the ball is in their defensive back court.